

## **Curriculum Vitae- Gabriella McLoughlin**

Department of Kinesiology and Community Health  
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### **Education**

- 2014- University of Illinois at Urbana Champaign  
PhD Kinesiology Student
- 2012-2013 University of Illinois at Urbana-Champaign  
MS Kinesiology (4.0 GPA)
- 2009-2012 Leeds Metropolitan University, United Kingdom  
BSc Sport and Exercise Science (First Class Honors)

### **Current Graduate Employment**

University of Illinois department of Kinesiology and Community Health  
August 2012- Present  
Graduate Teaching Assistant; Research Assistant

### **Previous Graduate Experience**

University of Illinois: Body Composition and Nutritional Neuroscience Laboratory  
May 2016-  
Research Assistant

University of Illinois: Department of Human and Community Development  
May 2014-August 2015  
Research Assistant for the Illinois Childhood Activity Program (NIH R21)

University of Illinois Sports Fitness Program  
June-August 2015  
Aquatics Coordinator

Champaign Unit 4 School District  
January-December 2014; May-June 2016  
Assistant Physical Education Teacher and Substitute Teacher

### **Honors and Awards**

- 2016 Society of Health and Physical Educators (SHAPE) America, Distinguished Service to the Research Council
- 2012- List of Teachers Ranked as Excellent, University of Illinois Center of Innovation in Teaching and Learning
- 2015 Ranadive Award for Engagement in Research Presentation, University of Illinois

- 2015 Graduate Teaching Certificate, University of Illinois Center for Innovation in Teaching and Learning
- 2014 Midwest Winner of the Ruth Abernathy Presidential Scholarship Award, SHAPE America
- 2014 Let's Move Active Schools Physical Activity Leader (PAL)
- 2013 Illinois Alliance for Health, Physical Education Recreation and Dance (IAHPERD) Student Mentor Award
- 2013 Roger Morse Most Promising Graduate Student Award, University of Illinois
- 2012 Greatest Contribution to the Course Award, Leeds Metropolitan University, Leeds, UK.

**Academic Grants Awarded (over \$2,500)**

- 2017 SHAPE America Graduate Student Research Grant (\$2,500, submitted)
- 2017 Jump Rope for Heart Research Grant (\$5,000, submitted). Illinois Alliance for Physical Education, Recreation and Dance
- 2016 Jump Rope for Heart Research Grant (\$4,962). Illinois Alliance for Physical Education, Recreation and Dance. FEIN #37-6000511.  
Role: PI (Dr. Kim Graber Sponsor)
- 2014 Jump Rope for Heart Research Grant (\$5000). Illinois Alliance for Physical Education, Recreation and Dance. FEIN #37-6000511.  
Role: PI

**Published Articles**

1. Richards, K. A. R., **McLoughlin, G. M.**, Gaudreault, K. L., & Shiver, T. (in press). Understanding physical education doctoral students' experiences of socialization. *Journal of Teaching in Physical Education*.
2. Richards, K. A. R., **McLoughlin, G. M.**, Gaudreault, K. L., & Shiver, T. (in press). Perceptions of the physical education doctoral experience: Does previous teaching experience matter? *The Physical Educator*.
3. **McLoughlin, G. M.**, & Richards, K. A. R. (in press). Physical education graduate students' perceptions of institutional and relational factors. *International Journal of Kinesiology in Higher Education*.
4. Martinnen, R., **McLoughlin, G. M.**, Fredrick III, R. F., & Novak, D. (2016). Integration and physical education: A review of research. *QUEST*, 68, 1-13.
5. Woods, A. M., Kern, B. D., **McLoughlin G. M.**, & Graber, K. C. (2016). Social influence on school recess physical activity. *Health Behavior and Policy Review*, 3, 99-109.

6. Nickolson, G., **McLoughlin, G. M.**, Bissas, A., Ispoglou, T. (2014). Do the acute biochemical and neuromuscular responses justify the classification of strength and hypertrophy-type resistance exercise? *Journal of Strength and Conditioning Research*, 28(11), 188-199.

### **Articles in Review**

1. Woods, A. M., **McLoughlin, G. M.**, Kern, B. D., & Graber, K. C. What's physical activity got to do with it?: Social trends in less active students at recess. *Journal of School Health*. (Major Revision- Resubmitted)
2. **McLoughlin, G. M.**, Weisman, C., Gwin, C., Castaneda, Y. & Graber, K. C. Sport participation for elite adapted athletes: Motivations, barriers, and facilitators. *Adapted Physical Activity Quarterly*. (Reviewed: Major Revision)
3. Kern, B. D., **McLoughlin, G. M.**, Graber, K. C., Hillman, C. H., & Shen, S. Physical activity moderates the relationship between socio-economic status and academic achievement in schools. *Journal of School Health*. (Reviewed: Major Revision)

### **Articles in Preparation**

1. **McLoughlin, G. M.**, Edwards, C. G., Covello, A., Walk, A. M., Woods, A. M., Graber, K. C., & Khan, N. A. School-based factors affecting lunchtime nutrition consumption and recess-accumulated physical activity in children.
2. **McLoughlin, G. M.**, Edwards, C. G., Covello, A., Woods, A. M., Graber, K. C., & Khan, N. A. The relationship between school-based health behaviors, weight status, and cognition in elementary-aged children.

### **Abstracts and Conference Proceedings** (not listed under oral presentations)

1. **McLoughlin, G. M.**, Edwards, C. G., Covello, A., Woods, A. M., Graber, K. C., & Khan, N. A. (2017, June). *The Influence of Contextual Factors on Recess Physical Activity among Elementary School Children*. To be presented at the annual meeting of the American College of Sports Medicine in Denver, CO.
2. **McLoughlin, G. M.**, Woods, A. M., Edwards, C., & Khan, N. A. (January, 2017). *Measurement of Physical Activity and Nutritional Behaviors in Elementary School Children*. Presented at the annual meeting of the Fédération Internationale d'Education Physique (FIEP World Congress and 32<sup>th</sup> FIEP International Congress), Foz de Iguazu, Brazil.
3. **McLoughlin, G. M.**, & Pak, Y. (2016, April). *Social Justice and Diversity in Initial Teacher Education: Knowledge, Perceptions and Attitudes of Pre-service Teachers*. Presented at the annual meeting of the American Education Research Association (AERA), Washington D. C.

4. Woods, A. M., **McLoughlin, G. M.**, Khan, N., & Graber, K. C. (2016, April). *The Association between Lunchtime Nutrient Consumption and Recess Physical Activity in Male and Female Elementary School Children*. Presented at the annual meeting for SHAPE America Research Works in Progress Poster Session, Minneapolis, MN.
5. Woods, A. M., **McLoughlin, G. M.**, Graber, K. C., & Kern, B. D. (2015). *Examining Recess-Based Physical Activity Across Multiple School Contexts: A Mixed Methods Approach*. Paper presented at the annual meeting for the International Association for Physical Education in Higher Education (AISEP), Madrid, Spain.
6. Graber, K. C., Woods, A. M., **McLoughlin, G. M.** (2015). *Barriers to Change in Teacher Education Classes*. Paper presented at the annual meeting for the International Association for Physical Education in Higher Education (AISEP), Madrid, Spain.
7. **McLoughlin, G. M.**, & Graber, K. C. (2015). *Children's Physical Activity and Nutritional Status and Perceptions of Lifestyle*. Paper presented at the Society of Health and Physical Educators of America, Seattle, WA, R10.
8. Woods, A. M., Graber, K. C., **McLoughlin, G. M.**, Gentry, C., & Gaudreault, K. L. (2015). *National Teachers of the Year: Demographics, roles and responsibilities*. Paper presented at the annual meeting of The Australian Council for Health, Physical Education and Recreation, Adelaide, Australia.
9. Woods, A. M., & Graber, K. C., Gaudreault, K. L., Gentry, C., & **McLoughlin, G. M.** (2014). *Curricular belief systems of national physical education teachers of the year*. Paper presented at the annual meeting of the International Association of Physical Education in Higher Education (AIESEP), Auckland, New Zealand.
10. **McLoughlin, G. M.**, & Graber, K. (2014). *Children's lifestyle knowledge in relation to behavior: Do they know how to be healthy?* Paper presented at the University of Illinois Department of Nutritional Sciences Annual Symposium, Champaign IL.
11. **McLoughlin, G. M.**, & Graber, K. (2014). *A multidimensional assessment of adolescent lifestyle: A mixed methods study*. Presented at the AAHPERD research in works poster session, St. Louis, MO, A1.
12. Graber, K. C., Woods, A. M., Gentry, C., **McLoughlin, G. M.**, & Gaudreault, K. L. (2013). *Leadership strategies of teachers of the year: Maintaining relevance when marginalization is the norm*. Paper presented at the annual meeting of the International Association of Physical Education in Higher Education (AIESEP), Warsaw, Poland.
13. Graber, K. C., Woods, A. M., Gaudreault, K. L., Gentry, C., **McLoughlin, G. M.**, & Mercer, J. (2013). *Wellness legislation awareness and impact by teachers of the year*. *Research Quarterly for Exercise and Sport*, 84, A42.

14. **McLoughlin, G. M.** (2013). *An investigation in to the physical activity and nutritional status of 7<sup>th</sup> grade school children and relationships within these variables*. Paper presented at the annual meeting of the Illinois Alliance for Physical Education, Recreation and Dance, St. Charles IL.

### **Oral Presentations**

1. **McLoughlin, G. M.**, Edwards, C. G., Covello, A., Woods, A. M., Graber, K. C., & Khan, N. A. (2017, January). *School lunch and physical activity during recess: Interactive effects of health behaviors in the school setting*. To be presented at the annual meeting of Experimental Biology, Chicago, IL.
2. **McLoughlin, G. M.**, Woods, A. M., Graber, K. C., & Khan, N. A. (2017). *Recess-based physical activity and its relation to nutritional consumption in elementary school students*. To be presented at the annual meeting of the Society of Health and Physical Educators (SHAPE) America in Boston, March 2017.
3. **McLoughlin, G. M.**, Richards, K. A. R., Shiver, T., & Gaudreault, K. L. (2017). *Physical Education Graduate Students' Perceptions of Doctoral Socialization*. To be presented at the annual meeting of the American Education Research Association in San Antonio, April 2017.
4. **McLoughlin, G. M.**, Hussey, K., Hussey, B., & Wrobel, M. (2016, November). *Badminton: A smashing game for lifelong physical activity*. Presented at the annual meeting of the Illinois Alliance for Health, Physical Education, Recreation, and Dance, St. Charles, IL.
5. **McLoughlin, G. M.**, Misner, A., Killian, C., & Hegner, M. (2016, November). *Standards based grading: Re-thinking traditional assessment*. Presented at the annual meeting of the Illinois Alliance for Health, Physical Education, Recreation, and Dance, St. Charles, IL.
6. Richards, K. A. R., **McLoughlin, G. M.**, Gaudreault, K. L., & Shiver, T. (2016, June). *Perceptions of the graduate student experience: Does previous teaching experience matter?* Paper presented at International Association of Physical Education in Higher Education Conference, Laramie, WY.
7. **McLoughlin, G. M.**, Richards, K. A. R., Gaudreault, K. L., & Shiver, V. (2016, April). *Physical Education Graduate Students' Perceptions of Secondary Professional Socialization*. Paper presented at the annual meeting of the American Education Research Association (AERA), Washington D. C.
8. Woods, A. M., Kern, B. D., **McLoughlin, G. M.**, & Graber, K. C. (2016, April). *Social Influence on Recess Physical Activity*. Paper presented at the annual meeting of SHAPE America, Minneapolis, MN.
9. Kern, B. D., **McLoughlin, G. M.**, Graber, K. C., Hillman, C. & Shen, S. (2016, April). *Physical Activity Moderates Third Grade Reading Achievement*. Paper presented at the annual meeting of SHAPE America, Minneapolis, MN.

10. Woods, A. M., Graber, K. C., & **McLoughlin G. M.** (2016, February). *Physical activity during recess: Perceptions and behaviors of “less active” students*. Paper presented at the 2<sup>nd</sup> Federation Internationale D’education Physique (FIEP) Asia Conference on Physical Education, Tokyo, Japan.
11. **McLoughlin, G. M.**, Trendowski, T. N., Ellison, D., & Woods, A. M. (2015). *Data-driven teaching: How to advocate for your program*. Paper presented at the annual meeting of the Illinois Alliance for Health, Physical Education, Recreation, and Dance, St. Charles, IL.
12. Woods, A. M., **McLoughlin, G. M.**, Kern, B. D., & Graber, K. C. (2015). *Validation of the activities for daily living- playground participation (ADL-PP) in estimating recess physical activity*. Paper presented at the SHAPE America Physical Education Teacher Education (PETE) conference, Atlanta, GA.
13. **McLoughlin, G. M.**, Richards, K. A. R., Gaudreault, K. L., & Shiver, V. (2015). *Graduate student socialization in physical education: How can we best serve our students?* Paper presented at the SHAPE America Physical Education Teacher Education (PETE) conference, Atlanta, GA.
14. Woods, A. M., Kern, B. D., **McLoughlin, G. M.**, & Graber, K. C. (2015). *The social influence on recess physical activity*. Paper presented at the SHAPE America Physical Education Teacher Education (PETE) conference, Atlanta, GA.
15. Woods, A. M., **McLoughlin, G. M.** & Graber, K. C. (2015). *National Teacher of the year’s outcome priorities: Influences of experience*. Paper presented at the annual meeting of SHAPE America, Seattle, WA.
16. **McLoughlin, G. M.**, Graber, K. C., & Woods, A. M. (2014). *Investigating children’s’ knowledge of lifestyle in relation to behaviors: How can we best serve our students in low-income schools?* Presented at the annual meeting of the Illinois Alliance for Health, Physical Education, Recreation, and Dance, St. Charles IL.
17. **McLoughlin, G. M.**, Weisman, C., & Graber, K. C. (2014). *From home to gold: Motivations of elite adaptive athletes*. Paper Presented at the annual meeting of the National Recreation and Parks Convention, Charlotte, NC.

### **Invited Research Presentations**

1. Woods, A. M., & Graber, K. C., Kern, B., & **McLoughlin, G. M.** (2015). *Social influence on physical activity during recess*. Paper presented at the University of Newcastle, Callaghan NSW, Australia.

### **Public Engagement: Invited Presentations**

1. **McLoughlin, G. M.**, Edwards, C. G., Covello, A., Walk, A. M., Woods, A. M., Graber, K. C., & Khan, N. A. (2017). *The Recess Project: How the Lunch-Recess Schedule Affects Nutrition Consumption and Recess Activity*. Presentation to the staff at Champaign Unit 4 Schools, Champaign, IL.

2. **McLoughlin, G. M.** (2014). *How to make the most of your health: Maximizing hormonal changes as a result of exercise.* Corporate Wellness Presentation for Patrick Engineering Corporation, Lisle, IL.

### **Teaching Experience: University of Illinois**

#### *Physical Education Teacher Education*

Children's Movement (Lead Instructor; TA and Grader)	KIN 268
Teaching Activities I (TA and Grader)	KIN 260
Teaching Activities II (TA and Grader)	KIN 261
Adapted Physical Education (TA and Grader)	KIN 360
Curriculum in Grades K-6 (TA and Grader)	KIN 361
Instructional Strategies in PE (TA and Grader)	KIN 362
Curriculum in Grades 7-12 (TA and Grader)	KIN 363
Experience in the Common School (Lead Instructor)	KIN 364
Technology in Physical Education (TA and Grader)	KIN 460

#### *Kinesiology Classes*

Analysis of Basic Movement (TA and Grader)	KIN 130
Motor Development, Growth and Form (TA and Grader)	KIN 262
Civic Engagement in Wellness (Lead Instructor)	KIN 365

### **Professional Service**

2016-	University of Illinois Department of Kinesiology Search Committee Member
2015-	SHAPE America Student Special Interest Group (s-SIG) co-Chair
2014-2016	SHAPE America National Research Council Graduate Student Representative
2013- 2015	University of Illinois Department of Kinesiology: Educational Policy Committee Graduate Student Representative.
2010-2012	Peer Academic Mentor, College of Sport: Leeds Metropolitan University

### **Professional Membership**

2012-	Society of Health and Physical Educators (SHAPE) America
2015-	American Education Research Association (AERA; Division D, K; Graduate Education SIG, Research on Teaching and Learning in Physical Education SIG)
2015-	International Society of Behavioral Nutrition and Physical Activity (ISBNPA)
2016-	American College of Sports Medicine (ACSM)
2016-	American Society of Nutrition (ASN)

### **Journal Reviewer**

2015-	SHAPE America, Strategies
2015-	SHAPE America, Journal of Physical Education, Recreation and Dance
2014-	Research Quarterly for Exercise and Sport (Ad-Hoc Reviewer)
2016-	Journal of Teaching in Physical Education (Ad-Hoc Reviewer)

### **Reviewer of Submitted Abstracts for Conference Presentations**

- 2016- American Education Research Association (AERA) Abstract Reviewer:  
 Research on Teaching and Learning in Physical Education Special Interest  
 Group (SIG)  
 Division D- Measurement and Research Methodology  
 Division K- Teaching and Teacher Education
- 2014- SHAPE America, National Convention Presentation Reviewer
- 2014- SHAPE America, Physical Education Teacher Education (PETE) Convention  
 Presentation Reviewer

**Mentorship**

- 2013- University of Illinois James' Scholar Project
- 2013- Experience in Research (KIN 385) Laboratory Coordinator  
 Undergraduate Student Project Supervision (undergraduate research  
 symposium presentations):  
 Derek Brackett  
 Kathryn Liston  
 Robin Manarik  
 Camryn Schmidt  
 Bridget Teshler

**Pertinent Skills and Qualifications**

- Licensure Illinois Physical Education Teaching Certification (Grades K-12)
- Language French (literate)  
 Spanish (literate)
- First Aid First Aid and CPR certified
- Coaching USA Soccer F License  
 CDC Heads Up! (Concussion awareness)  
 Badminton England Level 1 coaching certificate