
Naiman A. Khan, PhD, RD

Assistant Professor
Department of Kinesiology and Community Health

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EDUCATION

- May 2012 **Doctor of Philosophy in Nutritional Sciences**
University of Illinois, Urbana, IL
- May 2009 **Master of Science in Nutritional Sciences**
University of Illinois, Urbana, IL
- May 2006 **Bachelor of Science in Nutritional Sciences**
Louisiana State University, Baton Rouge, LA

PROFESSIONAL CREDENTIALS

- 2009-Present Registration in Dietetics (RD)
University of Illinois, Urbana, IL

ACADEMIC POSITIONS

- 2015-Present Assistant Professor, University of Illinois, Urbana, IL
Department of Kinesiology & Community Health
Division of Nutritional Sciences
Affiliate of the Neuroscience Program
Affiliate of the Family Resiliency Center
- 2012-2015 Postdoctoral Research Associate, University of Illinois, Urbana, IL
Neurocognitive Kinesiology Laboratory (PI: Charles Hillman, PhD)
Department of Kinesiology & Community Health
- 2009-2012 Graduate Research Assistant, University of Illinois, Urbana, IL
Extension and Outreach – Interdisciplinary Programs (PI: Robin Orr, PhD)
- 2009-2011 Graduate Research Assistant, University of Illinois, Urbana, IL
Bone and Body Composition Laboratory (PI: Ellen Evans, PhD)
Department of Kinesiology & Community Health
- 2006-2009 Graduate Research Assistant, University of Illinois, Urbana, IL
Community Nutrition Laboratory (PI: Karen Chapman-Novakofski, PhD, RD)
Department of Food Science and Human Nutrition

HONORS & AWARDS

2020	Excellence in Guiding Undergraduate Research Award, College of Applied Sciences, University of Illinois
2015-2017, 2019	List of Instructors Ranked as Excellent by Their Students, University of Illinois
2017	Dannon Institute Nutrition Leadership Institute, Dannon Nutrition
2014	Hydration for Health (H4H) Initiative Young Researcher Award Winner, Danone Nutricia
2013	Postdoctoral Research Award Finalist, American Society for Nutrition
2011	Margin of Excellence Research, Division of Nutritional Sciences, University of Illinois
2011	William Rose Endowed Award, Division of Nutritional Sciences, University of Illinois
2008	Best Graduate Student Abstract, Nutrition Education, American Society for Nutrition
2008-2011	Margin of Excellence Travel, Division of Nutritional Sciences, University of Illinois

PUBLICATIONS

Peer-Reviewed Journal Articles (in print or accepted)

Total citations = 2057, h-index = 19, i10-index = 35 [Google Scholar. (2020, June)].

1. Shinn, LM, Li Y, Mansharamani A, Auvil LS, Welge ME, Bushell C, **Khan NA**, Charron CS, Novotny JA, Baer DJ, Zhu R, Holscher HD. (in press). Fecal bacteria as biomarkers for predicting food intake in healthy adults. *The Journal of Nutrition*.
2. Logan, N. E., Raine, L. B., Drollette, E. S., Castelli, D. M., **Khan, N. A.**, Kramer, A. F., & Hillman, C. H. (in press). The differential relationship of an afterschool physical activity intervention on brain function and cognition in children with obesity and their normal weight peers. *Pediatric Obesity*.
3. Thompson, S. V., Bailey, M. A., Taylor, A. M., Kaczmarek, J. L., Krug, A. R., Edwards, C. G., Reeser, G. E., Burd, N. A., **Khan, N.A.**, & Holscher, H. D. (in press). Avocado consumption alters gastrointestinal bacteria abundance and microbial metabolite concentrations among adults with overweight or obesity: a randomized, controlled trial.
4. Willis, N. & **Khan, N. A.** (in press). Nutrition effects on Childhood Executive Control. Nestle Nutrition Institute Workshop Series.
5. Hannon, B. A., Edwards, C. G., Thompon, S.V., Reeser, E. G, Burd, N. A., Holscher, H. D., Teran-Garcia, M. T., & **Khan, N. A.** (in press). Single nucleotide polymorphisms related to Lipoprotein metabolism are associated with blood lipid changes following regular avocado intake in a randomized control trial among adults with overweight and obesity. *Journal of Nutrition*.
6. Acevedo, M. B., Teran-Garcia, M., Bucholz, K. K., Eagon, J. C., Bartholow, B. D., Burd, N. A., **Khan, N. A.**, Rowitz, B, Pepino, M. Y. (2020). Alcohol sensitivity in women after undergoing bariatric surgery: a cross-sectional study. *Surgery for Obesity and Related Diseases*, 16(4), 536–544.
<https://doi.org/10.1016/j.soard.2020.01.014>
7. Hannon, B. A., Edwards, C. G., Thompon, S.V., Burke, S.A., Burd, N. A., Holscher, H. D., Teran-Garcia, M. T., & **Khan, N. A.** (in press). Genetic variants in lipid metabolism pathways interact with diet to influence blood lipid concentrations in adults with overweight and obesity. *Lifestyle Genomics*.
8. Edwards, C. G., Walk, A.D., Thompon, S.V., Reeser, G, Erdman, J.W., Burd, N. A., Holscher, H.D., **Khan, N.A.** (2020). Effects of 12-week avocado consumption on cognitive function among adults with overweight and obesity. *International Journal of Psychophysiology*, 148, 13-24.
<https://doi.org/10.1016/j.ijpsycho.2019.12.006>

9. **Khan, N. A.**, Cannavale, C., Iwinski, S., Liu, R., McLoughlin, G., Steinberg, L. G., & Walk, A. M. (2019). Visceral adiposity and diet quality are differentially associated with cognitive abilities and early academic skills among Preschool-age Children. *Frontiers in Pediatrics*, 7, 548. <https://doi.org/10.3389/FPED.2019.00548>
10. Saint, S. E., Hammond, B. R., **Khan, N. A.**, Hillman, C. H., & Renzi-Hammond, L. M. (2019). Temporal vision is related to cognitive function in preadolescent children. *Applied Neuropsychology: Child*, 1–8. <https://doi.org/10.1080/21622965.2019.1699096>
11. Phansikar, M., Ashrafi, A.A., **Khan, N.A.**, Massey, W.V., Mullen, S.P. Active commute in relation to cognition and academic achievement in children and adolescents: A systematic review and future recommendations. (2019). *International Journal of Environmental Research and Public Health*, 16 (24), 5103. <https://doi.org/10.3390/ijerph16245103>
12. Walk, A. M., Raine, L. B., Kramer, A. F., Cohen, N. J., Hillman, C. H., & **Khan, N. A.** (2019). Adiposity is related to neuroelectric indices of motor response preparation in preadolescent children. *International Journal of Psychophysiology*, 147, 176-183. <https://doi.org/10.1016/j.ijpsycho.2019.10.014>
13. Niemi, G.A., Chiarlitti, N.A., **Khan, N.A.**, & De Lisio, M. A carbohydrate beverage reduces circulating monocytes expressing TLR4 in children with overweight/obesity. (2019). *Journal of Nutrition*, 149 (12), 2255-2264. <https://doi.org/10.1093/jn/nxz294>
14. McLoughlin, G. M., Graber, K. C., Woods, A. M., Templin, T., Metzler, M., & **Khan, N. A.** (2019). The status of physical education within a nationally recognized school health and wellness program. *Journal of Teaching in Physical Education*, 39, 274-283. <https://doi.org/10.1123/jtpe.2019-0052>
15. Kondiboyina, V., Raine, L. B., Kramer, A. F., **Khan, N. A.**, Hillman, C. H., & Shefelbine, S. J. (2019). Skeletal effects of nine months of physical activity in obese and healthy-weight children. *Medicine & Science in Sports & Exercise*, 52, 434-440. <https://doi.org/10.1249/mss.0000000000002148>
16. **Khan, N. A.**, Westfall, D. R., Jones, A. R., Sinn, M. A., Bottin, J. H., Perrier, E. T., & Hillman, C. H. (2019). A 4-d water intake intervention increases hydration and cognitive flexibility among preadolescent children. *The Journal of Nutrition*, 149(12), 2255–2264. <https://doi.org/10.1093/jn/nxz206>
17. Nikolaus, C., Loehmer, E., Jones, A., Ruopeng, A., **Khan, N.**, & McCaffrey, J. (2019). Use of survival analysis to predict attrition among women participating in longitudinal community-based nutrition research. *Journal of Nutrition Education and Behavior*, 51(9), 1080–1087. Retrieved from <https://www.sciencedirect.com/science/article/pii/S1499404619309303>
18. Hassevoort, Kelsey M., **Khan, N. A.**, Hillman, C. H., & Cohen, N. J. (2019). Differential development of relational memory and pattern separation. *Hippocampus*, 30, 210-219. <https://doi.org/10.1002/hipo.23146>
19. Edwards, C.G., Walk, A.M., Cannavale, C.N., Flemming, I.R., Thompson, S.V., Reeser, G.E., Holscher, H.D., & **Khan, N.A.** (2019). Dietary choline is related to neural efficiency during a selective attention task amongst middle-aged adults with overweight and obesity. *Nutritional Neuroscience*. 1-10. <https://doi.org/10.1080/1028415X.2019.1623456>
20. An, R., Nickols-Richardson, S. M., **Khan, N.**, Liu, J., Liu, R., & Clarke, C. (2019). Impact of beef and beef product intake on cognition in children and young adults: a systematic review. *Nutrients*, 11(8), 1797. <https://doi.org/10.3390/nu11081797>
21. Cannavale, C.N., Hassevoort, K. M., Edwards, C.G., Thompson, S.V., Burd, N. A., Holscher, H.D., Erdman, J.W., & **Khan, N.A.** (2019). Serum lutein is related to relational memory performance. *Nutrients*. 11 (4), 768. <https://doi.org/10.3390/nu11040768>
22. Westfall, D. R., Logan, N. E., **Khan, N. A.**, & Hillman, C. H. (2019). Cognitive assessments in hydration

- research involving children: methods and considerations. *Annals of Nutrition and Metabolism*, 74(Suppl. 3), 19–24. <https://doi.org/10.1159/000500341>
23. Edwards, C.G., Walk, A.M., Cannavale, C.N., Thompson, S.V., Reeser, G.E., Holscher, H.D., & **Khan, N.A.** (2019). Macular xanthophylls and event-related brain potentials among adults with overweight and obesity. *Molecular Nutrition and Food Research*. 1801059. DOI: 10.1002/mnfr.201801059.
 24. School lunch timing and children's physical activity during recess: an exploratory study. *Journal of Nutrition Education and Behavior*, 51(5), 616–622. <https://doi.org/10.1016/j.jneb.2019.01.006>
 25. Taylor, A.M., Thompson, S.V., Edwards, C.G., Musaad, S.M., **Khan, N.A.**, & Holscher, H.D. (2019). Associations among diet, the gastrointestinal microbiota, and negative emotional states in adults. *Nutritional Neuroscience*. 1-10. <https://doi.org/10.1080/1028415X.2019.15825>.
 26. Pindus, D. M., Drollette, E. D., Raine L. B., Kao, S., **Khan, N. A.**, Westfall, D., Hamill, M., Shorin, R., Calobrisi, E., John, D., Kramer, A. F., & Hillman, C. H. (2019). Moving fast, thinking fast: The relations of physical activity levels and bouts to neuroelectric indices of inhibitory control in preadolescents. *Journal of Sport and Health Scienc.* <https://doi.org/10.1016/j.jshs.2019.02.003>.
 27. Chojnacki, M.R., Holscher, H.D., Balbinot, A.R., Raine, L.B., Biggan, J.R., Walk, A.M., Kramer, A.F., Cohen, N.J., Hillman, C.H., & **Khan, N.A.** (2018). Relations between mode of birth delivery and timing of developmental milestones and adiposity in preadolescence: a retrospective study. *Early Human Development*, 129 (52-59). <https://doi.org/10.1016/j.earlhumdev.2018.12.021>.
 28. Jones, A.R., Robbs, C.M., Edwards, C., Walk, A., Thompson, S., Reeser, G.E., Holscher, H.D., & **Khan, N.A.** (2018). Retinal morphometric markers of crystallized and fluid intelligence among adults with overweight and obesity. *Frontiers in Psychology*. 9, 2650. <https://doi.org/10.3389/fpsyg.2018.02650>
 29. Edwards, C., Walk, A., Thompson, S., Mullen, S., Holscher, H., & **Khan, N.A.** (2018). Disordered eating attitudes and behavioral and neuroelectric indices of cognitive flexibility in individuals with overweight and obesity. *Nutrients*. Vol. 10, Page 1902, 10(12), 1902. <https://doi.org/10.3390/NU10121902>
 30. Hassevoort, K. M., Lin, A. S., **Khan, N. A.**, Hillman, C. H., Cohen, N. J. (2018). Added sugar and dietary fiber consumption are associated with creativity in preadolescent children. *Nutritional Neuroscience*, 1-12. <https://doi.org/10.1080/1028415X.2018.1558003>
 31. Hannon, B. A., Thompson, S. V., Edwards, C. G., Skinner, S. K., Niemi, G. M., Burd, N. A., Holscher, H. D., Teran-Garcia, M., & **Khan, N. A.** (2018). Dietary fiber is independently related to blood triglycerides among adults with overweight and obesity. *Current Developments in Nutrition*, <https://doi.org/10.1093/cdn/nzy094>
 32. Hannon, B., **Khan, N. A.**, & Teran-Garcia, M. (2018). Nutrigenetic contributions to dyslipidemia: a focus on physiologically relevant pathways of lipid and lipoprotein metabolism. *Nutrients*, 10(10), 1404. <https://doi.org/10.3390/nu10101404>
 33. Niemi, G. M., Skinner, S. K., Walk, A. M., Edwards, C. G., De Lisio, M., Holscher, H. D., ... **Khan, N. A.** (2018). Oral glucose tolerance is associated with neuroelectric indices of attention among adults with overweight and obesity. *Obesity*. <https://doi.org/10.1002/oby.22276>
 34. Hassevoort, K. M., **Khan, N. A.**, Hillman, C. H., Kramer, A. F., & Cohen, N. J. (2018). Relational memory is associated with academic achievement in preadolescent children. *Trends in Neuroscience and Education*. <https://doi.org/10.1016/j.tine.2018.09.001>
 35. **Khan, N. A.**, Walk, A. M., Edwards, C. G., Jones, A. R., Cannavale, C. N., Thompson, S. V., ... Holscher, H. D. (2018). Macular xanthophylls are related to intellectual ability among adults with overweight and obesity. *Nutrients*, 10(4), 396; <https://doi.org/10.3390/nu10040396>

36. Kao, S.-C., Drollette, E. S., Ritondale, J. P., **Khan, N.**, & Hillman, C. H. (2018). The acute effects of high-intensity interval training and moderate-intensity continuous exercise on declarative memory and inhibitory control. *Psychology of Sport and Exercise*, 38, 90–99. <https://doi.org/10.1016/J.PSYCHSPORT.2018.05.011>
37. Raine, L., Drollette, E., Kao, S.-C., Westfall, D., Chaddock-Heyman, L., Kramer, A. F., **Khan, N.**, Hillman, C. (2018). The associations between adiposity, cognitive function, and achievement in children. *Medicine and Science in Sports and Exercise*, 50(9), 1868–1874. <https://doi.org/10.1249/MSS.0000000000001650>
38. Saint, S., Renzi-Hammond, L., **Khan, N.**, Hillman, C., Frick, J., & Hammond, B. (2018). The macular carotenoids are associated with cognitive function in preadolescent children. *Nutrients*, 10(2), 193. <https://doi.org/10.3390/nu10020193>
39. Niemi, G. M., Allen, J. M., Mailing, L. J., **Khan, N. A.**, Holscher, H. D., Woods, J. A., & De Lisio, M. (2018). Effects of endurance exercise training on inflammatory circulating progenitor cell content in lean and obese adults. *The Journal of Physiology*, 596 (14), 2811–2822. <https://doi.org/10.1113/JP276023>
40. Raine, L. B., Kao, S.-C., Pindus, D., Westfall, D. R., Shigeta, T. T., Logan, N., Cadenas-Sanchez, C., Li, J., Drollette, E. S., Pontifex, M. B., **Khan, N.**, Kramer, A. F. Hillman, C. H. (2018). A large-scale reanalysis of childhood fitness and inhibitory control. *Journal of Cognitive Enhancement*, 2(2), 170-192.
41. Drollette, E. S., Pontifex, M. B., Raine, L. B., Scudder, M. R., Moore, R. D., Kao, S.-C. Westfall, D. R.; Wu, C.-T., Kamijo, K., Castelli, D. M., **Khan, N. A.**, Kramer, A. F. Hillman, C. H. (2018). Effects of the FITKids physical activity randomized controlled trial on conflict monitoring in youth. *Psychophysiology*, 55(3). <https://doi.org/10.1111/psyp.13017>
42. Chojnacki, M. R., Raine, L. B., Drollette, E. S., Scudder, M. R., Kramer, A. F., Hillman, C. H., & **Khan, N. A.** (2018). The negative influence of adiposity extends to intraindividual variability in cognitive control among preadolescent children. *Obesity*, 26(2). <https://doi.org/10.1002/oby.22053>
43. Nikolaus, C. J., Loehmer, E., Jones, A., An, R., **Khan, N.**, & McCaffrey, J. (2018). Impact of food assistance program participation on food security patterns: a longitudinal study of women in Illinois. *Journal of Nutrition Education and Behavior*, 50(7), S24. <https://doi.org/10.1016/j.jneb.2018.04.065>
44. Baumgartner, N. W., Walk, A. M., Edwards, C. G., Covello, A. R., Chojnacki, M. R., Reeser, G. E., ... **Khan, N. A.** (2017). Relationship between physical activity, adiposity, and attentional inhibition. *Journal of Physical Activity and Health*, 1–6. <https://doi.org/10.1123/jpah.2017-0181>
45. Barnett, S. M., **Khan, N. A.**, Walk, A. M., Raine, L. B., Moulton, C., Cohen, N. J., ... Hillman, C. H. (2017). Macular pigment optical density is positively associated with academic performance among preadolescent children. *Nutritional Neuroscience*, 1–9. <https://doi.org/10.1080/1028415X.2017.1329976>
46. Balto, J. M., Ensari, I., Hubbard, E. A., **Khan, N.**, Barnes, J. L., & Motl, R. W. (2017). Co-occurring risk factors in multiple sclerosis. *American Journal of Health Behavior*, 41(1), 76–83. <https://doi.org/10.5993/AJHB.41.1.8>
47. An, R., Loehmer, E., **Khan, N.**, Scott, M. K., Rindfleisch, K., & McCaffrey, J. (2017). Community partnerships in healthy eating and lifestyle promotion: A network analysis. *Preventive Medicine Reports*, 6, 294–301. <https://doi.org/10.1016/j.pmedr.2017.03.007>
48. An, R., Liu, G., **Khan, N.**, Yan, H., & Wang, Y. (2017). Dietary habits and cognitive impairment risk among oldest-old Chinese. *The Journals of Gerontology: Series B*. <https://doi.org/10.1093/geronb/gbw170>
49. An, R., **Khan, N.**, Loehmer, E., & McCaffrey, J. (2017). Assessing the network of agencies in local communities that promote healthy eating and lifestyles among populations with limited resources. *American Journal of Health Behavior*, 41(2), 127–138. <https://doi.org/10.5993/AJHB.41.2.3>

50. Walk, A. M., Raine, L. B., Kramer, A. F., Cohen, N. J., **Khan, N. A.**, & Hillman, C. H. (2017). Differential effects of carbohydrates on behavioral and neuroelectric indices of selective attention in preadolescent children. *Frontiers in Human Neuroscience*, 11. <https://doi.org/10.3389/fnhum.2017.00614>
51. Walk, A. M., **Khan, N. A.**, Barnett, S. M., Raine, L. B., Kramer, A. F., Cohen, N. J., ... Hillman, C. H. (2017). From neuro-pigments to neural efficiency: The relationship between retinal carotenoids and behavioral and neuroelectric indices of cognitive control in childhood. *International Journal of Psychophysiology*, 118. <https://doi.org/10.1016/j.ijpsycho.2017.05.005>
52. Walk, A. M., Edwards, C. G., Baumgartner, N. W., Chojnacki, M. R., Covello, A. R., Reeser, G. E., ... **Khan, N. A.** (2017). The role of retinal carotenoids and age on neuroelectric indices of attentional control among early to middle-aged adults. *Frontiers in Aging Neuroscience*, 9. <https://doi.org/10.3389/fnagi.2017.00183>
53. Raine, L. B., **Khan, N. A.**, Drollette, E. S., Pontifex, M. B., Kramer, A. F., & Hillman, C. H. (2017). Obesity, visceral adipose tissue, and cognitive function in childhood. *The Journal of Pediatrics*, 187, 134–140.e3. <https://doi.org/10.1016/j.jpeds.2017.05.023>
54. Hassevoort, K. M., Khazoum, S. E., Walker, J. A., Barnett, S. M., Raine, L. B., Hammond, B. R., Renzi-Hammond, L. M. Kramer, A. F., **Khan, N. A.**, Hillman, C. H. Cohen, N. J. (2017). Macular carotenoids, aerobic fitness, and central adiposity are associated differentially with hippocampal-dependent relational memory in preadolescent children. *Journal of Pediatrics*, 183. <https://doi.org/10.1016/j.jpeds.2017.01.016>
55. Pindus, D. M., Drollette, E. S., Scudder, M. R., **Khan, N. A.**, Raine, L. B., Sherar, L. B., ... Hillman, C. H. (2016). Moderate-to-vigorous physical activity, indices of cognitive control, and academic achievement in preadolescents. *Journal of Pediatrics*, 173, 136–142. <https://doi.org/10.1016/j.jpeds.2016.02.045>
56. Niemi, G. M., Raine, L. B., **Khan, N. A.**, Emmons, R., Little, J., Kramer, A. F., ... De Lisio, M. (2016). Circulating progenitor cells are positively associated with cognitive function among overweight/obese children. *Brain, Behavior, and Immunity*, 57. <https://doi.org/10.1016/j.bbi.2016.03.018>
57. Hassevoort, K. M., **Khan, N. A.**, Hillman, C. H., & Cohen, N. J. (2016). Childhood markers of health behavior relate to hippocampal health, memory, and academic performance. *Mind, Brain, and Education*. <https://doi.org/10.1111/mbe.12108>
58. Balto, J. M., Ensari, I., Hubbard, E. A., **Khan, N.**, Barnes, J. L., & Motl, R. W. (2016). Individual and co-occurring SNAP risk factors: Smoking, nutrition, alcohol consumption, and physical activity in people with multiple sclerosis. *International Journal of MS Care*, 18(6). <https://doi.org/10.7224/1537-2073.2016-040>
59. An, R., & **Khan, N.** (2016). Salad consumption in relation to daily dietary intake and diet quality among U.S. adults, 2003-2012. *Epidemiology, Biostatistics and Public Health*, 13(2). <https://doi.org/10.2427/11791>
60. Ziauddeen, H., Alonso-Alonso, M., Hill, J. O., Kelley, M., & **Khan, N. A.** (2015). Obesity and the neurocognitive basis of food reward and the control of intake. *Advances in Nutrition* (Bethesda, Md.), 6(4), 474–86.
61. Scudder, M. R., **Khan, N. A.**, Lambourne, K., Drollette, E. S., Herrmann, S. D., Betts, J. L., ... Hillman, C. H. (2015). Cognitive control in preadolescent children with risk factors for metabolic syndrome. *Health Psychology*, 34(3). <https://doi.org/10.1037/hea0000114>
62. McCorkle, S. M., Raine, L. B., Hammond, B. R., Renzi-Hammond, L., Hillman, C. H., & **Khan, N. A.** (2015). Reliability of heterochromatic flicker photometry in measuring macular pigment optical density among preadolescent children. *Foods*, 4(4), 594–604.
63. **Khan, N. A.**, Raine, L. B., Drollette, E. S., Scudder, M. R., Kramer, A. F., & Hillman, C. H. (2015). Dietary fiber is positively associated with cognitive control among prepubertal. *Journal of Nutrition: Ingestive Behavior and Neurosciences*, 145(1), 143–149.

64. **Khan, N. A.**, Raine, L. B., Drollette, E. S., Scudder, M. R., & Hillman, C. H. (2015). The relation of saturated fats and dietary cholesterol to childhood cognitive flexibility. *Appetite*.
65. **Khan, N. A.**, Raine, L. B., Drollette, E. S., Scudder, M. R., Cohen, N. J., Kramer, A. F., & Hillman, C. H. (2015). The relationship between total water intake and cognitive control among prepubertal children. *Annals of Nutrition and Metabolism*, 66. <https://doi.org/10.1159/000381245>
66. **Khan, N. A.**, Baym, C. L., Monti, J. M., Raine, L. B., Drollette, E. S., Scudder, M. R., ... Cohen, N. J. (2015). Central adiposity is negatively associated with hippocampal-dependent relational memory among overweight and obese children. *Journal of Pediatrics*, 166(2), 302–308.e1. <https://doi.org/10.1016/j.jpeds.2014.10.008>
67. Hillman, C. H., **Khan, N. A.**, & Kao, S.-C. (2015). The relationship of health behaviors to childhood cognition and brain health. *Annals of Nutrition and Metabolism*, 66(Suppl. 3), 1–4.
68. Pontifex, M. B., Kamijo, K., Scudder, M. R., Raine, L. B., **Khan, N. A.**, Hemrick, B., ... Hillman, C. H. (2014). The differential association of adiposity and fitness with cognitive control in preadolescent children. *Monographs of the Society for Research in Child Development*, 79(4), 72–92.
69. **Khan, N. A.**, Raine, L. B., Drollette, E. S., Scudder, M. R., Pontifex, M. B., Castelli, D. M., ... Hillman, C. H. (2014). Impact of the FITKids physical activity intervention on adiposity in prepubertal children. *Pediatrics*, 133(4), e875-83. <https://doi.org/10.1542/peds.2013-2246>
70. **Khan, N. A.**, Raine, L. B., Donovan, S. M., & Hillman, C. H. (2014). The cognitive implications of obesity and nutrition in childhood. *Monographs of the Society for Research in Child Development*, 79(4), 51–71.
71. **Khan, N. A.**, & Hillman, C. H. (2014). The relation of childhood physical activity and aerobic fitness to brain function and cognition: a review. *Pediatric Exercise Science*, 26, 138–146. <https://doi.org/10.1123/pes.2013-0125>
72. Hill, J. O., Berridge, K., Avena, N. M., Ziauddeen, H., Alonso-Alonso, M., Allison, D. B., **Khan, N. A.**, Kelley, M. (2014). Neurocognition: The food-brain connection. *Advances in Nutrition*, 5(5). <https://doi.org/10.3945/an.114.006437>
73. Kamijo, K., Pontifex, M. B., **Khan, N. A.**, Raine, L. B., Scudder, M. R., Drollette, E. S., ... Hillman, C. H. (2014). The negative association of childhood obesity to cognitive control of action monitoring. *Cerebral Cortex*, 24(3). <https://doi.org/10.1093/cercor/bhs349>
74. Hillman, C. H., Pontifex, M. B., Castelli, D. M., **Khan, N. A.**, Raine, L. B., Scudder, M. R., ... Kamijo, K. (2014). Effects of the fitkids randomized controlled trial on executive control and brain function. *Pediatrics*, 134(4).
75. Baym, C. L., **Khan, N. A.**, Pence, A., Raine, L. B., Hillman, C. H., & Cohen, N. J. (2014). Aerobic fitness predicts relational memory but not item memory performance in healthy young adults. *Journal of Cognitive Neuroscience*, 26(11). https://doi.org/10.1162/jocn_a_00667
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Abstracts (in print or accepted)

1. Cannavale, C., Bailey, M., Edwards, C., Walk, A., Thompson, S., Burd, N., ... **Khan, N.** (2019). Interplay between systemic inflammation, visceral fat, and cognitive control in people with excess fat mass (OR32-06-19). *Current Developments in Nutrition*, 3(Supplement_1). <https://doi.org/10.1093/CDN/NZZ052.OR32-06-19>
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Symposia Chaired & Symposia Presentations

Symposia Chaired

1. Nutritional Implications for Brain and Cognition, Nutrition 2019, Baltimore, MD
2. Nutritional Implications for Brain and Cognition, Nutrition 2018, Boston, MA
3. Nutrition across the Lifespan: Nutrition, Neurobiology, Mood and Behavior, Experimental Biology 2017, Chicago, IL
4. Translation of Nutritional Science and Food Science and Technology in Nutrition, Experimental Biology 2017, Chicago, IL
5. Nutrition across the Lifespan: Nutrition, Neurobiology, Mood and Behavior, Experimental Biology 2016, San Diego, CA
6. Neurocognition: The Food-Brain Connection, Experimental Biology 2014, San Diego, CA

Invited Lectures and Symposia (International)

1. **Khan, N.A.** “The Role of Avocados in Promoting Cognitive Health”. World Avocado Congress, Medellin, Colombia, September 2019.
2. **Khan, N.A.** “Retinal Carotenoids and Childhood Cognitive Function and Achievement”. Brain and Ocular Nutrition Conference. Downing College, Cambridge University, UK, July 2018.
3. **Khan, N.A.** “The Influence of Diet and Obesity on Cognitive Function”. Hydration for Health Conference, Danone Nutricia, Évian-les-Bains, France, June 2018.
4. **Khan, N.A.** “The Relation of Total Water Intake to Cognitive Function among Prepubertal Children”. Hydration for Health Conference, Danone Nutricia, Évian-les-Bains, France, June 2014.

Invited Lectures and Symposia (National)

1. **Khan, N.A.** “Physiological Mechanisms by which Nutrients Influence Mental Function”. Science and Consumer Perceptions of Brain Health Ingredients Summit, Bayer Consumer HealthCare. Whippany, NJ, September 2019.
2. **Khan, N.A.** “Brain Health and Kids: Lutein & Zeaxanthin’s Role in Cognitive Control and Academic Skills”. Kemin Nutrition, September 2019.

3. **Khan, N.A.** “The Influence of Diet and Obesity on Cognitive Function”. Eastern Illinois Academy of Nutrition and Dietetics Webinar, January 2018.
4. **Khan, N.A.** “Diet and Physical Activity: Implications for Attention and Memory in Childhood”. Children’s Nutrition Research Center, Baylor College of Medicine. Houston, TX, January 2018.
5. **Khan, N.A.** “The Influence of Diet and Obesity on Cognitive Function”. Diabetes and Obesity Research Institute (DORI) Annual Symposium, University of Southern California. Los Angeles, CA, February 2018.
6. **Khan, N.A.** “Diet and Obesity Implications for Attention and Memory in Childhood”. Symposium at the International Conference on Learning and Memory at University of California. Irvine, CA, April 2018.
7. **Khan, N.A.** “The Gut-Brain Highway: Can Traffic be regulated by Diet?”. Symposium at the Food and Nutrition Conference and Expo, Academy of Nutrition and Dietetics. Boston, MA, October 2016.
8. **Khan, N.A.** “The Influence of Diet and Adiposity on Childhood Neurocognitive Function”. Presidential Invited Symposium: Juvenile Obesity, Brain, and Cognition at the Eastern Psychological Association’s Annual Meeting. New York, NY, March 2016.
9. **Khan, N.A.** “Pediatric Neurocognitive Development: Emerging Insights and Applications in Nutrition”. Symposium at Experimental Biology Conference. Boston, MA, April 2015.
10. **Khan, N.A.** “Nutrition, Hydration and Cognition: New Frontier”. Satellite Lecture at American College of Sports Medicine Annual Meeting. San Diego, CA, April 2015.
11. **Khan, N.A.** “The Influence of Adiposity and Diet on Childhood Cognitive Control and Relational Memory”. Symposium on Childhood Obesity and Cognition. American University, Washington, DC, October 2014.

Invited Lectures and Symposia (Local)

1. **Khan, N.A.** “Macular Xanthophylls and Cognitive Function”. Neuroscience Program Seminar Series. University of Illinois, March 2020
2. **Khan, N.A.** “Retinal Carotenoids: A Nutritional Window into Brain and Cognition”. Division of Nutritional Sciences Symposium. University of Illinois, April 2019.
3. **Khan, N.A.** “Retinal Carotenoids and Cognitive Health among Persons with Multiple Sclerosis”. Inaugural Illinois Multiple Sclerosis Research Day. University of Illinois, April 2019.
4. **Khan, N.A.** “Health Behaviors, Adiposity, and Childhood Cognitive Function”. First 1000 Days Symposium. University of Illinois, September 2018.

Grants

External Grants (Pending Decision)

Investigators	Agency	Title	Year(s)	Funding	Score
PI: NA Khan Co-Is: S Mullen, CH Hillman, NJ Cohen, L Renzi- Hammond	National Institutes of Health (RO1)	Enhancing Children's Cognitive Function and Achievement through Carotenoid Consumption	2021-2026	\$3,669,835	Impact Score: 24 Percentile: 8 th

Funded External Grants

Investigators	Funding Agency	Title	Year(s)	Funding
PI: S Donovan Co-I: NA Khan	National Institutes of Health (RO1)	Dietary and microbial predictors of childhood obesity risk	7/1/17-6/30/22	\$2,779,941

PI: NA Khan Co-Is: R Motl, B Adamson	National Institutes of Health – Rehabilitation Research Resource to Enhance Clinical Trials	Lutein and multiple sclerosis experimental study (LuMES): A randomized pilot trial	7/1/19-6/30/20	\$63,394
PI: HD Holscher Co-Is: NA Khan, NA Burd	Almond Board of California	Effect of almond consumption on the gastrointestinal microbiota and postprandial glucose handling in overweight & obese adults	11/04/19-11/30/21	\$409,086
PI: HD Holscher Co-Is: NA Khan, M Miller	National Honey Board	Daily yogurt plus honey helps support digestive health, regularity, and comfort	09/22/19-09/21/21	\$250,000
PI: NA Burd Co-Is: NA Khan, M Delisio	National Dairy Council	Dairy food consumption and its effects on inflammation and the postprandial regulation of muscle protein synthesis	06/01/19-05/31/21	\$460,293
PI: AK Richards Co-I: NA Khan	Illinois State Board of Education	Fostering a comprehensive approach to wellness through a summer learning initiative	05/23/19-06/30/20	\$87,784
PI: N Khan Co-Is: A Walk	National Dairy Council	Cross-sectional and longitudinal predictors of cognitive control and early academic abilities among preschool children	05/01/2018-04/30/2022	\$671,805
PI: N Burd Co-Is: N Khan, S Petruzzello	National Cattlemen’s Beef Association	The role of beef ingestion in supporting exercise-derived benefits for the muscle-brain interconnect	2018-2019	\$74,187
PI: NA Khan Co-PI: HD Holscher, L Renzi-Hammond	Egg Nutrition Center	Correlational and intervention effects of egg consumption on macular carotenoids, cognition, and achievement	08/01/17-07/31/19	\$219,631
PI: N Khan Co-Is: R Motl, L Labriola	National Multiple Sclerosis Society	Retinal lutein and visual health in multiple sclerosis	3/1/17-2/28/19	\$43,051
PI: R An Co-Is: N Khan, S Nickols-Richardson	National Cattlemen’s Beef Association	Beef consumption in relation to cognitive function across the life course: a systematic review	02/01/2019-08/31/2019	\$34,909
PI: N Burd Co-Is: N Khan, S Petruzzello	National Cattlemen’s Beef Association	The role of beef ingestion in supporting exercise-derived benefits for the muscle-brain interconnect	07/01/18 - 06/30/19	\$74,187
PI: NA Khan Co-PI: HD Holscher Co-Is: N Burd, B Fiese	Hass Avocado Board	Investigating the effects of avocado intake on metabolic and cognitive health: a systems approach	12/1/15-12/31/18	\$887,221
PI: N Burd Co-Is: N Khan, M DeLisio	National Cattlemen’s Beef Association	The influence of regular beef consumption and protein density of the diet on training induced gains in muscle strength and performance in healthy adults	7/1/16-6/30/18	\$253,626
PI: N Khan Co-Is: A Walk	National Dairy Council	Diet quality and cognitive control function in early childhood: a pilot study	8/1/16-6/30/18	\$143,487
PI: J McCaffrey Co-Is: N Khan, R An	USDA North Central Nutrition Education Center for Excellence	Evaluating the a multi-modal community nutrition education modal within SNAP-Ed and EFNEP (phase 2)	2/1/16-8/31/18	\$56,200

PI: NA Khan Co-Is: NJ Cohen, CH Hillman, AF Kramer	Abbott Laboratories	The effects of fortified nutritional supplementation on cognition, memory, and achievement	5/16/12-12/31/18	\$2,261,636
PI: NA Khan Co-I: CH Hillman	Danone Nutricia	The effects of hydration on brain, cognition, memory & achievement in childhood	6/1/14-12/31/18	\$718,990
PI: NA Khan Co-Is: J Biggan, HD Holscher, NJ Cohen, CH Hillman, AF Kramer	Abbott Laboratories	Retrospectively studying the effects of early life nutrient intake on cognitive function and brain health in preadolescent children	8/16/15-12/31/17	\$179,433
PI: J McCaffrey Co-Is: N Khan, R An	USDA North Central Nutrition Education Center for Excellence	Evaluating a multi-modal community nutrition education modal within SNAP-Ed and EFNEP	9/1/15-9/1/17	\$50,000

Funded Internal Grants

Investigators	Funding Agency	Title	Funding Year(s)	Total Funding
PI: NA Khan Co-Is: S Donovan, Aditi Das, B Sutton, W O'Brien	Division of Nutritional Sciences (50th Anniversary)	Role of hepatic steatosis and lipid metabolites in childhood cognition and brain health	2019-2020	\$49,980
PI: NA Khan Co-Is: S Donovan, B Meline	Division of Nutritional Sciences (Vision 20/20)	Examining prenatal and postpartum weight gain and retention as contributors to maternal carotenoid status	10/18-10/20	\$20,000
PI: NA Khan Co-Is: M Browning, A Schwingel, HD Holscher	Christopher Family Foundation Food & Family Program Seed Grant	Gardening and family health: elucidating the role of the human and environmental microbiota	04/17-04/19	\$50,000
PI: HD Holscher Co-Is: NA Khan, K. Wilund, B O'Brien	Division of Nutritional Sciences (Vision 20/20)	Hepatic steatosis as a novel target for a dietary fiber intervention in overweight and obese adults	10/16-10/18	\$20,000
PI: NA Khan Co-Is: HD Holscher, J Biggan, M DeLisio	Division of Nutritional Sciences (Vision 20/20)	The effects of probiotics and prebiotics on behavioral and biological markers of cognition and stress	9/15-9/18	\$20,000
PI: M DeLisio Co-Is: NA Khan	Division of Nutritional Sciences (Vision 20/20)	The effects of overweight/obesity and acute dietary protein ingestion on muscle stem cell function	10/14-10/16	\$20,000

Unfunded External Grants

Investigators	Funding Agency	Title	Total Funding
PI: NA Khan CO-Is: NJ Cohen, L Renzi-Hammond,	National Institutes of Health	Enhancing children's cognitive function and achievement through carotenoid consumption	\$3,669,835

Hillman, CH, S Mullen			
PI: NA Khan Co-Is: HD Holscher, Erdman, J	Foundation for Food and Agriculture Research	Plant pigments and children's cognition: a plate-to-brain approach	\$270,000
PI: NA Khan Co-Is: Donovan, S, O'Brien, Han, A, Musaad, S	National Institutes of Health	Synergistic theory and research on obesity and nutrition group - executive function and relational memory (STRONG-ER) in kids study	\$3,078,992
PI: NA Khan Co-Is: A Woods, Shen, CH Hillman	National Institutes of Health	Recess policy implications for health behaviors, obesity, and cognition in childhood	\$2,928,379
PI: NA Khan Co-Is: SM A Woods, Shen, CH Hillman	USDA (National Institute of Food and Agriculture)	Integrated childhood obesity and nutritional neuroscience in schools (ICONS) study	\$2,449,907
PI: NA Khan Co-Is: CH Hillman, NJ Cohen	Abbott Laboratories	Nutritional enhancement of attention, memory, and achievement following consumption of a single dose of fortified supplementation in preadolescent children	\$142,047
PI: NA Khan	Egg Nutrition Center	Utilizing an opportunistic approach to identify the role of eggs in mitigating nutritional gaps associated with food insecurity	\$ 199,949
PI: NA Khan Co-Is: CH Hillman, M Delisio	Egg Nutrition Center	Utilizing the nutrient value of eggs to optimize achievement and childhood cognitive function at breakfast	\$177,279

Teaching Experience

Undergraduate and Graduate Courses (Primary Instructor)

University of Illinois, Urbana, IL

Physical Activity and Cognition (KIN 543)	2017-Present
Health Behaviors and Obesity (KIN 494)	2015-Present
Foods, Health, and Wellness (KIN 494)	2015-Present
Nutritional Neuroscience (KIN 494)	2016

Parkland College, Champaign, IL

Fundamentals of Nutrition (BIO 120)	2010-2014
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Invited Lectures

Sedentary Behavior & Health (KIN 594)	2020
Interdisciplinary Approaches to Neuroscience I (NEUR 542)	2018-2019
Survey of Interdisciplinary Health (IHLT 102)	2017-Present
Clinical and Applied Exercise Physiology (KIN 452)	2019-Present

Mentorship

Postdoctoral Scholars

Name	Years	Current Position
Anne McClure Walk, PhD in Experimental Psychology, Saint Louis University	2015-2018	Assistant Professor, Eastern Illinois University

Doctoral Students (Director)

Student Name	Program	Years	Dissertation Title/Topic Area	Current Position
Arden McMath	Nutritional Sciences	2019-Present	<i>Childhood obesity, cognitive function, and gastrointestinal microbiome</i>	In Training
Shelby Keye	Kinesiology	2019-Present	<i>Childhood motor function and cognitive abilities</i>	In Training
Corinne Cannavale	Neuroscience	2017-Present	<i>Effects of nutrition on memory and learning</i>	In Training
Caitlyn Edwards	Nutritional Sciences	2016-2020	<i>The independent and interactive influence of lutein and choline on cognitive control</i>	Postdoctoral Research Associate, Pennsylvania State University
Bridget Hannon	Nutritional Sciences	2017-2020	<i>Genetic underpinnings of dietary effects on adiposity and metabolic health</i>	Scientist, Abbott Nutrition
Grace Niemiro	Kinesiology	2016-2018	<i>Lifestyle and exercise effects on circulating progenitor cells in children and adults</i>	Postdoctoral Research Associate, University of Arizona

Masters Students (Director)

Student Name	Program	Years	Thesis Title/Topic Area	Current Position
John Kim	Kinesiology	2019-Present	<i>Exercise-induced myokines and cognitive function</i>	In Training
Ruyu Liu	Nutritional Sciences	2018-Present	<i>Dietary and genetic predictors of lutein status in childhood</i>	In Training
Susan Mantell	Nutritional Sciences	2018-Present	<i>Non-thesis MS</i>	In Training
Nathaniel Willis	Nutritional Sciences	2019-Present	<i>Hydration effects on cognitive function</i>	In Training
Andrew Dinsmoor	Nutritional Sciences	2018-Present	<i>Dietary quality and gastrointestinal microbiota composition in early childhood</i>	In Training
Jonathan Cerna	Nutritional Sciences	2018-Present	<i>Macular xanthophylls as predictors of retinal morphometry and cognitive function among persons with multiple sclerosis</i>	In Training
Alicia Jones	Kinesiology	2017-2018	<i>Retinal morphometric markers of crystallized and fluid intelligence among adults with overweight and obesity</i>	PhD Student, University of Illinois
Morgan Curran	Nutritional Sciences	2015-2018	<i>The negative influence of adiposity extends to intraindividual variability in cognitive control among preadolescent children</i>	Registered Dietitian

Nicholas Baumgartner	Kinesiology	2015-2017	<i>The influence of physical activity, sedentary time, and adiposity on behavioral and neuroelectric measures of attentional inhibition</i>	PhD Student, Purdue University
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Doctoral Students (Committee Member)

Student Name	Program	Years	Dissertation Title/Topic Area	Current Position
Sangyun Joung	Neuroscience	2019-Present	<i>Development of delay eye blink conditioning in neonatal pigs</i>	In Training
Colleen McKenna	Nutrition	2019-Present	<i>TBD</i>	In Training
Tiffany Yang	Psychology	2019-Present	<i>Sex differences in exercise-mediated changes in diet preference and its associated metabolic and cognitive outcomes</i>	In Training
Alex Baldeon	Nutritional Sciences	2019-Present	<i>TBD</i>	In Training
Marcela Catalán	Community Health	2018-Present	<i>Parental feeding styles and weight status of preschool children in Chile: perceptions and influential factors</i>	In Training
Annemarie Krug	Food Science and Human Nutrition	2017-Present	<i>Gastrointestinal microbiome and emotional regulation</i>	In Training
Steve Douglas	Nutrition	2017-2019	<i>Participation in the school breakfast program, diet quality, and cognitive performance in adolescents</i>	Postdoctoral Researcher
Kelsey Hassevoort	Neuroscience	2013-Present	<i>The impact of lifestyle factors and development on relational Memory</i>	Research Development Specialist, UI
Sharon Thompson	Nutritional Sciences	2015-Present	<i>Dietary modulation of the human gastrointestinal microbiota</i>	In Training
Gabriella McLoughlin	Kinesiology	2016-Present	<i>The role of physical education within a comprehensive school health program</i>	Postdoc, Iowa State University
Liliana Aguayo	Community Health	2017-Present	<i>TBD</i>	Postdoc, Northwestern University
Lauren Raine	Kinesiology	2014-2016	<i>Obesity, visceral adipose tissue, and cognition in childhood</i>	Postdoc, NEU
Shih-Chun (Alvin) Kao	Kinesiology	2015-2017	<i>The effects of single bouts of moderate-intensity continuous exercise and high-intensity interval exercise on the modulations of inhibitory control, working memory, and long-term memory</i>	Assistant Professor, Purdue University

Masters Students (Committee Member)

Student Name	Program	Years	Thesis Title/Topic Area	Current Position
Marina Brown	Food Science & Human Nutrition	2019-Present	<i>TBD</i>	In Training
Susannah Scaroni	Nutritional Sciences	2017-Present	<i>TBD</i>	In Training
Andrew Taylor	Food Science and Human Nutrition	2016-Present	<i>The gut-microbiota-brain axis: influence of diet and the gastrointestinal microbiota on stress and anxiety in adults</i>	In Training
Melisa Bailey	Nutritional Sciences	2016-Present	<i>Dietary fats, the gastrointestinal microbiome, and inflammation</i>	In Training
Joanna Manero	Nutritional Sciences	2015-2017	<i>Influence of seasoning and preparation of vegetables on consumer choice, consumption, and liking</i>	Nutritionist, WIC
Julia Balto	Kinesiology	2014-2016	<i>The case for multiple health behavior change interventions in Multiple sclerosis</i>	Health and Happiness Coach, CA
Sasha McCorkle	Nutritional Sciences	2014-2016	<i>Macular pigment optical density and academic achievement among preadolescent children</i>	Scientist, Hills Pet Nutrition

Undergraduate Students

My laboratory has enrolled 113 undergraduate students since 2015 as Undergraduate Research Assistants by offering course credit for assistance in all aspects of data collection. Students enrolled in the laboratory course learn assessment techniques in nutrition, aerobic fitness, physical activity, and cognitive neuroscience. Several students have also conducted individual projects and presented their research at local and national meetings.

Undergraduate Students with Research Presentations

Name	Terms	Presentation/Poster
Jackson Evensen	2015-2017	Experimental Biology, 2017
Jessica Park	2015-2017	Undergraduate Research Symposium, 2017
Alaina Balbinot	2016-Present	Undergraduate Research Symposium, 2017
		Food and Nutrition Conference and Expo, 2017
Payton Walters		Undergraduate Research Symposium, 2017
Patricia Ebersold		Undergraduate Research Symposium, 2018
Marc Sleiman	2017-Present	Undergraduate Research Symposium, 2018
Madi Podjasek	2017-Present	Undergraduate Research Symposium, 2018
Justin Lee	2017-Present	Undergraduate Research Symposium, 2018
Chanyoung Choi	2017-Present	Undergraduate Research Symposium, 2018
Nitesh Kumar	2017-Present	Undergraduate Research Symposium, 2018

Society Memberships

American Society for Nutrition

American College of Sports Medicine

Society of Health and Physical Educators (SHAPE America)

North American Society for the Psychology of Sport and Physical Activity

Service

Grant Panels

2020 Diet, Nutrition and the Prevention of Chronic Diseases panel, Agriculture and Food Research Initiative (AFRI), United States Department of Agriculture

National Committees

2019 Core Neuropsychological Measures for Obesity and Diabetes Trials Workshop, NIH
2016-2017 Nutrition and Health Committee for Planning and Guidance, USDA, NIFA

Advisory Boards

2015-2019 Nutrition Translation Research Interest Section, American Society for Nutrition

Journal Editorial Boards

2019-Present *Nutrients*

Ad hoc Journal Reviewer

Journal of Nutrition Education and Behavior (Statistical Reviewer)

Journal of Nutrition

Nutritional Neuroscience

Appetite

British Journal of Nutrition

American Journal of Clinical Nutrition

Psychophysiology

Obesity

Contemporary Clinical Trials

Obesity Reviews

Preventative Medicine

Frontiers Psychology

JAMA Pediatrics

Developmental Cognitive Neuroscience

University of Illinois at Urbana-Champaign

Campus Service

Campus Research Board *Ad Hoc* Grant reviewer

Family Resiliency Center *Ad Hoc* Grant reviewer

College of Applied Health Sciences

College Education Policy Committee, 2019-Present

Ad Hoc Committee to Develop Visiting Student Policy, 2020

Executive Committee, 2020-2022

Department of Kinesiology and Community Health

Graduate Student Conference Travel Grant Review Committee, 2016-2017

Assistant or Associate Professor in Children's Physical Activity Search Committee, 2016-2017

Assistant or Associate Professor in Children's Physical Activity Search Committee, 2017-2018

Grievance Committee, 2020-Present

Ad Hoc Kinesiology Minor Development Committee, Chair, 2017-2018

Assistant Professor in Exercise Physiology Search Committee, 2019-2020

Division of Nutritional Sciences Service

Annual Student Review Committee, 2015-2018

Executive Committee Member, 2017-Present